

11 August 2009

## Toxic Shock



Friday morning. Your head is pounding. You've got a love bite on your neck, a phone number on your hand and you've no idea where (or whom) they came from.

Serious action is required if you're going to survive the day. Berocca? Hair of the dog? A quadruple espresso and a bacon booty?

Try Aqua Detox, one of the quirkiest forms of alternative therapy. First, they submerge your weary pub-crawlers (i.e. feet) in a solution of salt water. Then an electric current is passed through the water; half an hour later, the acidic toxins in your bloodstream seep out.

Make you a bit queasy? You will be when you see the results. The residue can be orange, green, black — it's a true biological odyssey. Therapists can even tell from the smell of the toxins what you're suffering from: hay fever, jet lag or just plain old boozing — it's all in the vapours. It may seem far-fetched, but it's just as likely to put a spring in your step as any of your other desperate measures.

Meaning you'll be able to skedaddle down to the pub again. Fast.

*Aqua Detox treatment at Full of Energy Ltd.,*