HOW DO I KNOW IF MY BODY CONTAINS TOXINS?

Let's do a little test. Let me give you a questionnaire so you can see just how toxic you are. Answer each question yes or no. If you answer yes to over twenty questions, you are highly toxic.

- 1. I have taken antibiotics in my life.
- 2. I have gotten vaccines.
- 3. I have taken in my life aspirin, or Tylenol, or ibuprofen, or other over the counter pain medication.
- 4. I shower and/or bathe in regular tap water.
- 5. I drink water out of the tap.
- 6. I have been in a swimming pool where chlorine was used.
- 7. I use a cellular telephone without any electromagnetic chaos protection.
- 8. I use a laptop computer with a wireless device.
- 9. I watch TV.
- 10. I own and watch a high-definition television.
- 11. I use a wireless telephone in my house.
- 12. I use a remote control for my television.
- 13. I have a satellite television.
- 14. I drive in a car every day.
- 15. I drive in heavy traffic.
- 16. I use hair dyes.
- 17. I use fingernail polish.
- 18. I use makeup and cosmetics.
- 19. I use moisturizers, body lotions, and sunscreens on my skin.
- 20. I use air fresheners in my house. I use bug spray in my house.
- 21. I use standard cleaning products in my house.
- 22. I use standard soap and detergent for my skin and my clothes.
- 23. I use toothpaste with fluoride.
- 24. I eat in fast-food restaurants at least once a month.
- 25. I eat in restaurants at least once a month.
- 26. I eat products produced by large publicly traded corporations.
- 27. I buy brand-name food products that are heavily advertised on TV.
- 28. I eat food that is not certified 100-percent organic.
- 29. I eat beef, lamb, poultry, eggs, and dairy products that are not certified 100-percent organic.
- 30. I eat pork and shellfish.
- 31. I use artificial sweeteners such as NutraSweet or Splenda.
- 32. I drink sodas at least several times a week.
- 33. I drink diet sodas at least several times a week.
- 34. I have less than two large bowel movements everyday.
- 35. I have taken over-the counter- nonprescription drugs that I purchased at a drug store in my life.
- 36. I have taken prescription drugs in the last five years.
- 37. I use nonstick pans to cook with.
- 38. I use deodorant and antiperspirant.
- 39. I do not drink eight glasses of purified water every day.
- 40. I have never had a colonic or enema.
- 41. I live near high tension power lines.
- 42. I live within a few miles of a manufacturing plant of some kind.
- 43. I live within 100 miles of agricultural area where produce is grown.
- 44. I live within 100 miles of ranches where livestock, cattle, chickens, or other animals are raised.

Reference to this information:

Arthur: Kevin Trudeau

NATURAL CURES "THEY" DON'T WANT YOU TO KNOW ABOUT